heck your tick facts: a quiz

- Ticks are found naturally:
- a) on the Golden Gate Bridge.
- b) on grasses alongside trails.
- c) in the sandbox.
- d) on dirt.
- You want to remove a tick from yourself or your pets because:
- a) ticks are ugly.
- b) you don't want them to have a free ride.
- c) your friends will be jealous if you have one and they don't.
- d) ticks can bite and may give you germs that can make you or your pets sick.

- 3. How do you keep ticks from biting you?
- a) wear long pants and tuck pants into your socks or boots.
- b) avoid brushing against tall grass, leaves, logs, or shrubs.
- c) check for ticks on yourself, pets, and people with you when you leave the forest or grassy areas.
- d) all of the above.
- 4. If you find a tick attached to your skin, you should:
- a) squash it like a bug.
- b) grasp it with tweezers and yank it off.
- c) grasp it with tweezers as close to the skin as possible and slowly pull it off in a steady, upward motion.
- d) wash it off.

- 5. Circle the picture of a tick.





C.

a.



d.

þ.



Answers:

1. b 2. d 3. d 4. c 5. b (a. is a roach; c. is a mosquito; d is a flea)

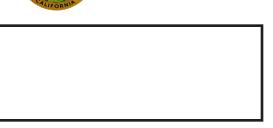
Arnold Schwarzenegger, Governor State of California

Kimberly Belshé, Secretary Health and Human Services Agency

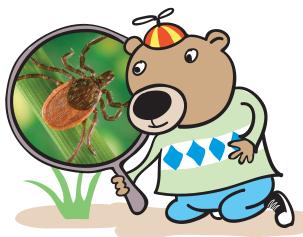
Mark B Horton, MD, MSPH, Director California Department of Public Health June 2008











California Department of Public Health Vector-Borne Disease Section Sacramento, CA (916) 552-9730 www.cdph.ca.gov

Täcksfound in the forest or in wild grassy areas, especially alongside trails.



Timothy Tickfinder and his dog Bullseye

Ticks wait at the end of a piece of grass or on logs until an animal or person brushes against them.

After ticks get on an animal or a person they look for a good hiding place and so it is hard to see them. Ticks bite and suck blood.

Some tick; give germ; to people and pet; that can make them sick.

Profect yourself from ticks:

When you hike, camp or play where ticks are found:

1. Wear bug spray.



2. Wear
lightcolored
clothes
because it
is easier
to see
ticks on
them.

- 3. Wear long pants and a long-sleeved shirt.
- 4. Tuck your pants into your socks or boots and tuck in your shirt.
- 5. Stay on trails.



Actual Size of Ticks

heck for ticks!

After you go for a hike, or every day if



there are ticks where you play:

- Check everyone in your family for ticks.
- Look hard to find them because ticks are very tiny.
- Ask an adult or another person to help you do a tick check.
- Check your pets very carefully.



Timothy looks behind Bullseye's ear for ticks

If you find a tick stuck to your body:

Remove it quickly and properly. A grown-up can help you get the tick out of your skin with tweezers.

ow to remove a tick:

- 1. Grab the tick close to your skin with the tweezers or a tissue and pull straight out.
- 2. Wash where the tick bit you.
- 3. Wash your hands.
- 4. If you get sick after a tick bite you should go to the doctor.