



Ticks live in forests or in grassy areas especially alongside trails.

Ticks wait at the end of a piece of grass or on

logs for a person or animal to brush against them.



Timothy Tickfinder and dog Bullseye

Some ticks give germs to people and pets that can make them sick.

Protect yourself from ticks!

When you hike, camp or play where ticks are found:

- Wear insect repellent.
- Wear light colored clothes so ticks are easy to see.
- Wear long pants and a long sleeved shirt.
- Tuck your pants into your socks or boots and tuck in your shirt.
- Stay on trails.

Do a tick check

After you go for a hike or every day if there are ticks where you play:



Check everyone in your family for ticks.

Look hard because ticks are very tiny.

Ask an adult or another person to help you with a tick check.

Check your pets very carefully, too.

How to remove a tick

1. Grab the tick close to your skin with the tweezers or a tissue and pull straight out.



2. Wash where the tick bit you.

3. Wash your hands.

4. If you get sick after a tick bite you should go to the doctor.